
DCDDaily-Q

Questionnaire
measuring ADL in 5-8
year old children

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Dear parents / caregivers,

With this questionnaire we wish to learn more about your child's motor skills, in other words how they perform familiar, everyday motor actions and activities. We would first like to invite you to fill in some general details about your child. Next, you will find directions on how to complete the form. It is important that you read these instructions carefully.

In the questionnaire you can tick the right box (in word) or mark the right box (in pdf) using the 'fill and sign' tool at the right sight of the screen.

In this questionnaire we describe 23 activities that children between the ages of 5 and 8 years perform regularly. As children in this age group tend to develop rapidly, some of the activities we describe may still be a little difficult for the younger children.

At the end of the form there is room for remarks you may have about the activities that were described in the questionnaire or about other activities that were not mentioned in our list. We also welcome other relevant remarks about the questionnaire or about your child's motor performance.

We thank you in advance for completing our questionnaire!

Please read the instructions below carefully before answering any of the items

To get you started, we will use the first item of our list, the everyday activity of buttering a sandwich, as an illustration. Each subsequent item describes another familiar activity, just like this example.

1.	Activity (example) <i>Buttering a sandwich</i>	Correct performance (example) <i>The right amount of butter is neatly and evenly spread, at a normal pace, without making a mess and without dangerous situations involving the knife</i>	
	Participation My child does this...	Quality My child can do this...	Acquisition My child ...
	<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers
	<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well	
	<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time	
	<input type="checkbox"/> 4. not yet / never		

Using this example, all items can then be answered as follows:

Step 1: In the first text box ‘**Activity**’ the motor action is described, i.e. *buttering a sandwich* in our example.

Step 2: In the column below, ‘**Participation**’, we ask you to indicate how often your child performs this activity. You tick the box

1. *regularly*, when your child butters or tries to butter a sandwich often, for instance every day;
2. *sometimes*, when your child butters or tries to butter a sandwich every now and then;
3. *seldom*, when your child only rarely butters a sandwich. They may, for instance, have tried but was unable to or does not feel like doing it and hardly ever tries;
4. *not yet / never*, when your child has never buttered a sandwich, possibly because you think it is too difficult or too dangerous for your child. → If you tick this box, you can skip the columns ‘**Quality**’ and ‘**Acquisition**’.

Step 3: In the text box ‘**Correct performance**’ we describe what we consider to be the right way to perform the activity. In our example: *The right amount of butter is neatly and evenly spread, at a normal pace, without causing a mess and without dangerous manoeuvres with the knife.* We urge you to read these ‘correct performance’ definitions carefully and to use this definition to judge the way your child performs the activity.

Step 4: In column '**Quality**' you are asked to choose the option that best describes the way your child performs the activity described. You tick

1. *well* when your child generally performs the activity as described in '**Correct performance**';
2. *sometimes well and at other times not as well* when your child does not always perform the activity as described in '**Correct performance**'. Your child occasionally gets butter on his/her fingers or on the table, for instance;
3. *not very well (or badly) most of the time* when your child as a rule does not perform the activity as described in '**Correct performance**'. Your child tends to be messy or has more difficulty buttering his/her sandwich or takes longer than other children of his/her age.

Step 5: You tick the box in column **Acquisition** when you think it took or is taking your child longer than other children of about the same age to learn to master the activity as described in '**Correct performance**'. Otherwise, do not tick this box.

Start of the survey: DCDDaily-Q[®]

To be completed or deleted as necessary

Name of child:	Boy / Girl
Date of Birth:	Name of school:
Age:	School group/grade:
Date of completion:	Completed by Father / Mother / Other, namely:

1. Activity <i>Buttering a sandwich</i>	Correct performance <i>The right amount of butter is neatly and evenly spread at a normal pace, without making a mess and without dangerous manoeuvres with the knife</i>	
Participation My child does this... <input type="checkbox"/> 1. regularly <input type="checkbox"/> 2. sometimes <input type="checkbox"/> 3. seldom <input type="checkbox"/> 4. not yet / never	Quality My child can do this... <input type="checkbox"/> 1. well <input type="checkbox"/> 2. sometimes well and at other times not as well <input type="checkbox"/> 3. not very well (or badly) most of the time	Acquisition My child ... <input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers

2. Activity <i>Cutting a sandwich</i>	Correct performance <i>Controlled motions without too much force being applied, without pushing or tearing, without dangerous manoeuvres with the knife, at a normal pace</i>	
b. Participation My child does this... <input type="checkbox"/> 1. regularly <input type="checkbox"/> 2. sometimes <input type="checkbox"/> 3. seldom <input type="checkbox"/> 4. not yet / never	Quality My child can do this... <input type="checkbox"/> 1. well <input type="checkbox"/> 2. sometimes well and at other times not as well <input type="checkbox"/> 3. not very well (or badly) most of the time	Acquisition My child ... <input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers

3. Activity <i>Pouring juice</i>	Correct performance <i>Controlled motions, without spilling or hitting the glass/table or dropping the cap, neatly opening and closing the bottle/container, at a normal pace</i>	
Participation My child does this... <input type="checkbox"/> 1. regularly <input type="checkbox"/> 2. sometimes <input type="checkbox"/> 3. seldom <input type="checkbox"/> 4. not yet / never	Quality My child can do this... <input type="checkbox"/> 1. well <input type="checkbox"/> 2. sometimes well and at other times not as well <input type="checkbox"/> 3. not very well (or badly) most of the time	Acquisition My child ... <input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers

4. Activity <i>Opening a wrapper or package</i>	Correct performance <i>The wrapper/package is opened without being dropped and without the contents (fruit, biscuits etc.) being damaged or dropped</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...
<input type="checkbox"/> 1. regularly <input type="checkbox"/> 2. sometimes <input type="checkbox"/> 3. seldom <input type="checkbox"/> 4. not yet / never	<input type="checkbox"/> 1. well <input type="checkbox"/> 2. sometimes well and at other times not as well <input type="checkbox"/> 3. not very well (or badly) most of the time	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers

5. Activity <i>Eating soup with a spoon</i>	Correct performance <i>Controlled, fluent motions to and from the mouth and plate/bowl, without spilling, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...
<input type="checkbox"/> 1. regularly <input type="checkbox"/> 2. sometimes <input type="checkbox"/> 3. seldom <input type="checkbox"/> 4. not yet / never	<input type="checkbox"/> 1. well <input type="checkbox"/> 2. sometimes well and at other times not as well <input type="checkbox"/> 3. not very well (or badly) most of the time	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers

6. Activity <i>Washing hands</i>	Correct performance <i>Tap is accurately opened and closed, hands cleaned well without spilling soap or water, and wiped dry, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...
<input type="checkbox"/> 1. regularly <input type="checkbox"/> 2. sometimes <input type="checkbox"/> 3. seldom <input type="checkbox"/> 4. not yet / never	<input type="checkbox"/> 1. well <input type="checkbox"/> 2. sometimes well and at other times not as well <input type="checkbox"/> 3. not very well (or badly) most of the time	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers

Have you answered the questions on the even page?

7.	Activity <i>Drying him/herself after a shower or bath</i>	Correct performance <i>Hair and body are towelled dry well, without losing balance or falling over, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

8.	Activity <i>Brushing teeth</i>	Correct performance <i>Tube is opened and closed and right amount of toothpaste applied without spilling, thorough brushing and rinsing, well-aimed spitting, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. Regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

9.	Activity <i>Handling a key</i>	Correct performance <i>Well-directed motions, without the key being dropped, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

10.	Activity <i>Putting on socks</i>	Correct performance <i>Fluent motions without loss of balance or falling over, with the socks ending up the right way and neatly around the foot, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

11.	Activity <i>Writing</i>	Correct performance <i>Fluent and steady writing motions, produced at a normal pace without cramping up, with the handwriting being legible</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

12.	Activity <i>Gluing paper using a glue stick</i>	Correct performance <i>Stick is opened and closed without cap or stick being dropped, without glue being spilled (on table etc.), with sheets being neatly glued together</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

Have you answered the questions on the even page?

13.	Activity <i>Folding paper sheets/slips</i>	Correct performance <i>Neat folding motions along the (pre-printed) lines, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. Sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

14.	Activity <i>Colouring pictures</i>	Correct performance <i>Figures and shapes are fully coloured in within the contours, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

15.	Activity <i>Cutting paper</i>	Correct performance <i>Controlled cutting motions along the (pre-printed) lines, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

16.	Activity <i>Lego® building</i>	Correct performance <i>Controlled motions without constructions being knocked over or collapsing, without bricks and pieces being dropped, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

17.	Activity <i>Moving pawns (on a board)</i>	Correct performance <i>Pawn is correctly moved without over/undershooting, without pawn(s) being dropped or knocked over</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

18.	Activity <i>Playing hopscotch</i>	Correct performance <i>Controlled, fluent motions, ending on one foot within the lines of the correct square, without loss of balance or falling over, at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

Have you answered the questions on the even page?

19.	Activity <i>Skipping rope</i>	Correct performance <i>Controlled, fluent motions without jumping on or tripping over the rope</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	✓ is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

20.	Activity <i>Throwing a tennis ball</i>	Correct performance <i>Well-aimed throw, easy to catch for someone standing at a distance of about 2 metres</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	✓ is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

21.	Activity <i>Catching a ball</i>	Correct performance <i>Confident, accurate catch of a ball thrown by an age peer from about 2 metres</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. Well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

22.	Activity <i>Kicking a football</i>	Correct performance <i>A controlled, well-aimed kick to someone or to a 1.5-metre-wide goal, at 3 metres distance</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

23.	Activity <i>Playing marbles</i>	Correct performance <i>Controlled, well-aimed shots produced at a normal pace</i>	
Participation My child does this...	Quality My child can do this...	Acquisition My child ...	
<input type="checkbox"/> 1. regularly	<input type="checkbox"/> 1. well	<input type="checkbox"/> is taking or has taken longer to learn this skill than his/her age peers	
<input type="checkbox"/> 2. sometimes	<input type="checkbox"/> 2. sometimes well and at other times not as well		
<input type="checkbox"/> 3. seldom	<input type="checkbox"/> 3. not very well (or badly) most of the time		
<input type="checkbox"/> 4. not yet / never			

Are there any motor skills or activities that cause your child difficulty or that are typical of your child's motor performance that were not mentioned in the questionnaire? If so, please list or explain this/these here.

Please add any other relevant remarks about the questionnaire or your child below: